



ELITE ATHLETE PODIATRIST TALKS ABOUT THE G-TRAINER AT NEW YORK ATHLETIC CLUB

Dr. Saxena, Joined by Shalane Flanagan, Discusses Benefits of the G-Trainer for Elite Athletes

October 29, 2007, Menlo Park, CA – Alter-G, Inc., developers of the G-Trainer anti-gravity treadmill, today announced that Dr. Amol Saxena, podiatrist to elite athletes, including Olympians, joined by noted professional runner Shalane Flanagan, will be giving a presentation at the New York Athletic Club (NYAC) about the benefits of using a G-Trainer for injury prevention and training through injury recovery. The event will take place on November 3, 2007 from 2pm to 4pm.

Dr. Saxena is a noted Podiatrist with the Palo Alto Medical Foundation's Sports Medicine Department and serves as a member of the U.S. Track and Field Sports Medicine medical staff who has worked with leading athletes including Gezahenge Abera, Shalane Flanagan, Stacy Dragila, Daniel Lincoln, Adam and Kara Goucher, and many others. He has long been a supporter of Alter-G and of using the G-Trainer. Saxena has prescribed the G-Trainer for elite athlete patients to continue training during injury recovery periods including Achilles surgery. In addition to Saxena's patients, professional football, basketball, and other sports organizations are also using the G-Trainer to help train during injury recovery and exercising athletes with chronic injury issues and those at high risk for future injuries, as well as a regular part of their training and conditioning routines.

"The G-Trainer allows my patients to safely train without aggravating injuries," said Saxena. "Athletes can suffer serious stress-related injuries when they push themselves too hard in training. Using the G-Trainer as a cross training tool eliminates so much of that risk. It let's runners add volume to their training schedules without the risk of impact related issues and when they are recovering from an injury, they don't have to sit still while they heal—they can continue to run in the G-Trainer to stay at peak performance levels."

The G-Trainer anti-gravity treadmill enables users to reduce their effective body weight during exercise to build endurance, continue training during injury recovery, and outdistance conditioning limitations—a serious advantage to athletes whose bodies are already overtaxed by force of impact from training and participating in their sports.

A G-Trainer will be available for demonstrations and trials at the prestigious NYAC in New York City from October 24 to November 15, 2007, reservations required. Group demonstrations for non-NYAC members will be held only on November 1 and 2, reservations are required and space is limited. To make a reservation, please contact Alter-G at (650) 289-9444 or email to info@alter-g.com. Group demonstrations will be held on November 1 at 9am, 10am, 2pm, and 3pm and November 2 at 9am, 10am, 2pm, and 3pm.

Saxena's presentation on November 3, 2007 will specifically address the challenges of training and conditioning at an elite athlete level and the benefits of using a G-Trainer after injury and on a regular basis. Saxena will discuss his experience with the G-Trainer and take questions from attendees. Space is limited. To request to attend the presentation, please contact Alter-G at (650) 289-9444 or email to info@alter-g.com.

Shalane Flanagan, USA Outdoor 5000M Champion, will join Saxena at the NYAC to discuss her experiences with the G-Trainer and how it helped her after surgery to remove a bone in her foot. "The G-Trainer has been a valuable tool in my training," said Flanagan. "It has allowed me to continue training while recovering from injury and reach new personal records."

**Under Embargo Until
October 29, 2007**

About Alter-G, Inc.

Alter-G, Inc., a Silicon Valley company founded in 2005, is defining what's possible for individuals who need to continue training during injury recovery, outdistance conditioning limitations, and build endurance. The company's patented gravity differential technology, the building block for their body weight support devices, was developed at NASA and prototype-tested by Nike's Oregon Project for distance runners. Professional athletes, top collegiate programs, and training clinics across the US are experiencing the unique benefits of walking and running at a variable percentage of body weight. Find out more at www.alter-g.com.

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